



2025 Juniors Training Schedule

PITCH 1 (Near Clubrooms)	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4
4:00 - 4:30																				
4:30 - 5:00					U9 Ghostbusters															
5:00 - 5:30					U9 Sonics					U10 Lions										
5:30 - 5:45					U9 Comets					U10 Rubies										
5:45 - 6:00										U13 Giants				U13 Ambers						
6:00 - 6:30										U13 Dynamites				U14 Emeralds						
6:30 - 6:45														U16 Sapphires						
6:45 - 7:00	U16 Boys				U15 Ghosts				U16 Boys											
7:00 - 7:15																				
7:15 - 7:30																				
7:30 - 8:00																				
8:00 - 8:30	VCFA Men								VCFA Men											
8:30 - 9:00																				

PITCH 2 (Near Top Carpark)	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4
4:00 - 4:30																				
4:30 - 5:00																				
5:00 - 5:30																				
5:30 - 5:45																				
5:45 - 6:00																				
6:00 - 6:30																				
6:30 - 6:45																				
6:45 - 7:00																				
7:00 - 7:15																				
7:15 - 7:30																				
7:30 - 8:00																				
8:00 - 8:30																				
8:30 - 9:00																				

Group	2025 Team	Training Time/s
U8	U8 Cheetahs	Tues 4:30 - 5:30
U8	U8 Ninjas	Tues 4:30 - 5:30
U9	U9 Comets	Tues 5 - 6
U9	U9 Ghostbusters	Tues 4:30 - 5:45
U9	U9 Mavericks	Wed 4:30 - 5:45
U9	U9 Opals	Wed 5 - 6
U9	U9 Sonics	Tues 5 - 6
U10	U10 Bears	Wed 6 - 7
U10	U10 Lions	Wed 5 - 6
U10	U10 Rubies	Wed 5 - 6
U10	U10 Wildcats	Wed 5 - 6
U11	U11 Crystals	Thurs 6 - 7
U11	U11 Lightning	Wed 6 - 7
U11	U11 Stars	Thurs 5 - 6
U11	U11 Thunder	Wed 5 - 6
U12	U12 Arrows	Wed 6 - 7
U12	U12 Hurricanes	Tues & Thurs 6 - 7:15
U12	U12 Rockets	Tues 5:30 - 6:45 Wed 6 - 7:15
U13	U13 Ambers	Thurs 5:30 - 6:30
U13	U13 Dynamites	Wed 5:30 - 7
U13	U13 Giants	Wed 5:30 - 7
U14	U14 Boys Name TBC	Tues 6 - 7:30
U14	U14 Bullets	Thurs 6:30 - 8
U14	U14 Emeralds	Thurs 5 - 6:50
U15	U15 Ghosts	Tues & Thurs 6 - 7:30
U16	U16 Sapphires	Thurs 5 - 6:50
U16	U16 Boys Name TBC	Mon & Wed 6 - 7:30