



2025 Training Schedule

| PITCH 1 (Near Clubrooms) | MONDAY | | | | TUESDAY | | | | WEDNESDAY | | | | THURSDAY | | | | FRIDAY | | | |
|-----------------------------|----------|--------------|-----|-----|----------|-----|-----|-----|-----------|-----|-----|-----|----------|-----|-----|-----|--------|-----|-----|-----|
| | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 4:00 - 4:30 | | | | | | | | | | | | | | | | | | | | |
| 4:30 - 5:00 | | | | | | | | | | | | | | | | | | | | |
| 5:00 - 5:30 | | | | | | | | | | | | | | | | | | | | |
| 5:30 - 5:45 | | | | | | | | | | | | | | | | | | | | |
| 5:45 - 6:00 | | | | | | | | | | | | | | | | | | | | |
| 6:00 - 6:30 | U16 Boys | | | | U14 Boys | | | | | | | | | | | | | | | |
| 6:30 - 6:45 | | Mombulk Mums | | | | | | | | | | | | | | | | | | |
| 6:45 - 7:00 | | | | | | | | | | | | | | | | | | | | |
| 7:00 - 7:15 | | | | | | | | | | | | | | | | | | | | |
| 7:15 - 7:30 | | | | | | | | | | | | | | | | | | | | |
| 7:30 - 8:00 | | | | | | | | | | | | | | | | | | | | |
| 8:00 - 8:30 | | | | | | | | | | | | | | | | | | | | |
| 8:30 - 9:00 | | | | | | | | | | | | | | | | | | | | |

| PITCH 2 (Near Top Carpark) | MONDAY | | | | TUESDAY | | | | WEDNESDAY | | | | THURSDAY | | | | FRIDAY | | | |
|-------------------------------|--------|-----|-----|-----|---------|-----|-----|-----|-----------|-----|-----|-----|----------|-----|-----|-----|--------|-----|-----|-----|
| | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 4:00 - 4:30 | | | | | | | | | | | | | | | | | | | | |
| 4:30 - 5:00 | | | | | | | | | | | | | | | | | | | | |
| 5:00 - 5:30 | | | | | | | | | | | | | | | | | | | | |
| 5:30 - 5:45 | | | | | | | | | | | | | | | | | | | | |
| 5:45 - 6:00 | | | | | | | | | | | | | | | | | | | | |
| 6:00 - 6:30 | | | | | | | | | | | | | | | | | | | | |
| 6:30 - 6:45 | | | | | | | | | | | | | | | | | | | | |
| 6:45 - 7:00 | | | | | | | | | | | | | | | | | | | | |
| 7:00 - 7:15 | | | | | | | | | | | | | | | | | | | | |
| 7:15 - 7:30 | | | | | | | | | | | | | | | | | | | | |
| 7:30 - 8:00 | | | | | | | | | | | | | | | | | | | | |
| 8:00 - 8:30 | | | | | | | | | | | | | | | | | | | | |
| 8:30 - 9:00 | | | | | | | | | | | | | | | | | | | | |

| Group | 2025 Team | Training Time/s |
|---------|-----------------|----------------------------------|
| U8 | U8 Cheetahs | Tues 4:30 - 5:30 |
| U8 | U8 Ninjas | Tues 4:30 - 5:30 |
| U9 | U9 Comets | Tues 5 - 6 |
| U9 | U9 Ghostbusters | Tues 4:30 - 5:45 |
| U9 | U9 Mavericks | Mon & Wed 4:30 - 5:45 |
| U9 | U9 Opals | Wed 5 - 6 |
| U9 | U9 Sonics | Tues 5 - 6 |
| U10 | U10 Bears | Wed 6 - 7 |
| U10 | U10 Lions | Wed 5 - 6 |
| U10 | U10 Rubies | Wed 5 - 6 |
| U10 | U10 Wildcats | Wed 5 - 6 |
| U11 | U11 Crystals | Thurs 6 - 7 |
| U11 | U11 Lightning | Wed 6 - 7 |
| U11 | U11 Stars | Thurs 5 - 6 |
| U11 | U11 Thunder | Wed 5 - 6 |
| U12 | U12 Arrows | Wed 6 - 7 |
| U12 | U12 Hurricanes | Tues & Thurs 6 - 7:15 |
| U12 | U12 Rockets | Tues 5:30 - 6:45 Wed 6 - 7:15 |
| U13 | U13 Ambers | Thurs 5:30 - 6:30 |
| U13 | U13 Dynamites | Wed 5:30 - 7 |
| U13 | U13 Giants | Wed 5:30 - 7 |
| U14 | U14 Boys | Tues 5:30 - 7 |
| U14 | U14 Bullets | Thurs 6:30 - 8 |
| U14 | U14 Emeralds | Thurs 5 - 6:50 |
| U15 | U15 Ghosts | Tues & Thurs 6 - 7:30 |
| U16 | U16 Sapphires | Thurs 5 - 6:50 |
| U16 | U16 Boys | Mon & Wed 6 - 7:30 |
| Seniors | VCFA Women | Wed 7 - 9 |
| Seniors | VCFA Men | Mon & Wed 7 - 9 |
| Seniors | FV Men | Tues & Thurs 7 - 9 |